Recipes the Month FEBRUARY



Baked Sweet Potato Yields 4

INGREDIENTS:

- 4 Sweet Potatoes, scrubbed clean
- Olive Oil, optional
- 4 tbsp. Butter
- Kosher Salt
- Freshly Ground Black Pepper

INSTRUCTIONS:

- 1. Preheat oven to 425°. On a baking sheet lined with aluminum foil, prick sweet potatoes all over with a fork. Rub the outsides with a small amount of olive oil if you intend to eat the skins.
- 2. Bake until tender, 45 to 50 minutes.
- 3. Let cool, then split the tops open with a knife and top with a pat of butter.
- 4. Season with salt and pepper before serving.

Enjoy