



FROM THE HEALTH OFFICE



In case of illness or if a child will be absent from school for any reason, please call the absentee phone number 973-827-9775, ext. 238 (24-hour service).

If a child becomes severely ill or injured at school, parents will be notified .



COMMUNICABLE DISEASE

A student may be excluded from school if he/she is suspected of having a communicable disease. The student may return to school when no physical evidence of disease remains, or when a physician certifies that the student is not contagious.

- Impetigo** - Children must remain at home until lesions are healed.
- Pink Eye** - Children are excluded until the eye is clear.
- Pediculosis**
(Head lice) - Children are excluded until nit free.
- Ringworm** - Children are excluded until skin is clear.
- Fever** - Children should be fever-free for **24 hours without medication** before returning to school.
- Chicken Pox**
(Varicella) - Children are excluded until all chicken pox blisters have formed scabs.
- Strep Infections** - Children are excluded for **48 hours after beginning antibiotic therapy.**

ILLNESS POLICY

It is important to remember the 24-hour guideline for keeping your child home after an episode of vomiting, diarrhea, or a fever (100.4°F or higher). Although good school attendance is important, your child should stay home for 24 hours **after** the last of these symptoms. **DO NOT** treat a fever with medicine and then send your child to school. He or she must be fever-free for 24 hours without medication. Following these guidelines enhances your child's recovery and helps keep our student population healthy.



MEDICATION POLICY

Medications prescribed by a licensed physician or dentist may be dispensed by the school nurse upon the written request of a physician. Any medicine should be brought to school by a responsible person in the original container labeled according to standards. Duplicate bottles may be obtained at the pharmacy when one bottle is needed at home and another at school. No over-the-counter medicines may be taken or administered at school for kindergarten students. The school administrators are responsible for the full implementation of this law. Nurses are required to keep complete, updated immunization records on each student. These records must be available for inspection by the public health officials at any time. Any student who does not meet immunization requirements within a specifically stated time period must be excluded from school. If your child received new immunizations during the school, ask your physician for documentation so the school nurse can keep your child's record accurate.

Self-medication, medication, sports participation and physical forms can be downloaded from our web page at www.fboe.org.

IMMUNIZATION

Children entering kindergarten must be immunized according to New Jersey mandates. A mantoux test (T.B. test) is suggested and a physical examination of your child is mandatory for entrance into school.

ABSENCE REGULATIONS

Parents are advised to keep a child home if he/she has any signs of illness such as fever, chill, sore throat, runny nose, severe coughing, skin eruption, earache, stomach cramps, or diarrhea. **DO NOT** send your child into school ill with instructions to "see the nurse." The nurse will not diagnose or treat your child. Her role is to provide emergency first aid care.

In case of illness in school, the nurse, upon examination, will contact the parent to see that the child is taken home. It is necessary that parents supply the nurse with the names of friends or relatives who can be contacted in case the parent is not available. (Please notify the nurse/office if your home or work phone number changes. It is important to have up-to-date information in case of an emergency.) Ill children may not remain in the nurse's office all day, nor can the school provide transportation to take the child home. It is a parent's responsibility to provide the means for an ill child to get home.

A WRITTEN NOTE EXPLAINING THE REASON FOR AN ABSENCE IS REQUIRED ON THE DAY THE CHILD RETURNS TO SCHOOL. *Your child's temperature should remain normal (98.6°F) for 24 hours without medication before your child returns to school.*

Parents are invited to visit the school and consult with the school nurse when a question or problem arises relating to the child's health. Please call to make an appointment.

