

WALLKILL VALLEY YOUTH WRESTLING CLUB REGISTRATION 2017 - 2018



SIGN UPS FOR GRADES K THROUGH 8th

- Our program was developed to provide a healthy environment for local kids to learn and appreciate a few fundamentals of wrestling.
 - All boys/girls in Kindergarten or 1st grade from Hardyston, Hamburg, Franklin and Ogdensburg are eligible to participate
- Our Group 1 clinic is for younger and inexperienced wrestlers. Group 1 practice sessions are 1 hour sessions held on Monday & Wednesday evenings from 6pm-7pm. They will begin on October 30th and run through January
 - Our Group 2 clinic is for experienced wrestlers in K-8th grade. Group 2 practice sessions are Monday, Wednesday, Friday from 6-7:30pm. They will begin on October 30th and run through February
 - Sessions will be held at the Wallkill Valley Regional High School
 - Group 1 wrestlers will have several optional novice tournament to practice their skills against kids of the same age and weight. Group 2 Wrestlers will be wrestling team matches against other local wrestling programs and participate in a few tournaments throughout the season
 - For questions about the program, please contact Glenn Garafano at gpgjr@embarqmail.com
 - Program fee includes a Wallkill Valley Wrestling T-shirt, shorts and a USA wrestling membership card.
 - Singlets will be provided to each wrestler
 - Each child must have wrestling head gear and wrestling shoes

Registration Fee-\$150.00 first child / \$140.00 each additional sibling

A physical is required for wrestling. Please bring copy during the first week of practice.

To register online go to:

www.leaguelineup.com/wallkillvalleywrestlingclub